



## Disabled Children's Service – Short Breaks Service



### Newsletter 10<sup>th</sup> February 2022

This newsletter contains events and updates from various services around Halton and also other general information which you may find useful.

#### ❖ **HALTON LIBRARY EVENTS:**

Saturday 19th February

Saturday Stories, 11-11.45am, Widnes Library and Halton Lea Library

Suitable for children aged 7 and under

Board Games, drop in session, Runcorn Library

Monday 21st February

Board Games, all day drop in session, Halton Lea Library

Tuesday 22nd February

Rhyme Time, 11-11.45am, Runcorn Library

3D Pens, 11-12pm, Halton Lea Library.

Limited availability. Book at any Halton library or online at Eventbrite

Wednesday 23rd February

Colour and Craft, drop in anytime, Halton Lea Library

Thursday 24th February

Rhyme Time, 11-11.45am, Halton Lea Library

Friday 25th February

Rhyme Time, 11-11.45am, Widnes Library

Reading Sparks, 11-11.45am, Halton Lea Library. Limited availability. Book in any Halton library or online at Eventbrite

Saturday 26th February

Saturday Stories, 11-11.45am, Widnes Library and Halton Lea Library

Suitable for children aged 7 and under

## ❖ CAFT HOLIDAY CLUB:



Lots of time to play  
in our accessible  
activity areas

Mud Kitchen,

Water play

Digging

Climbing

Quiet zone

Access to animals  
and wildlife

Woodland  
exploration

**WELCOMES HALTON FAMILIES TO  
HOLIDAY CLUB ON THE FARM**

Wednesday 23<sup>rd</sup> February 2pm (2 hour family self led outdoor visits)

Friday 25<sup>th</sup> February 10am-1pm (3 hour self led family visit **including drop in forest school**)

Friday 25<sup>th</sup> February 1pm-4pm (3 hour self led family visit **including drop in forest school**)

**TO BOOK ON PLEASE GO TO  
[CAFT Halton Family Visit Application \(google.com\)](https://www.google.com/forms/d/e/1FAIpQLSfGm88rMAceLdm5j9CcZV4uuJQBzIHx0IH0ufUgewc6d3feXw/viewform)**

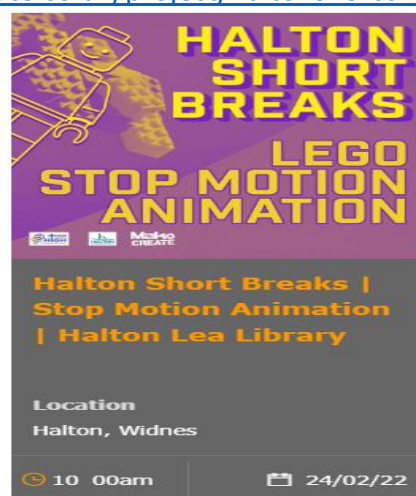
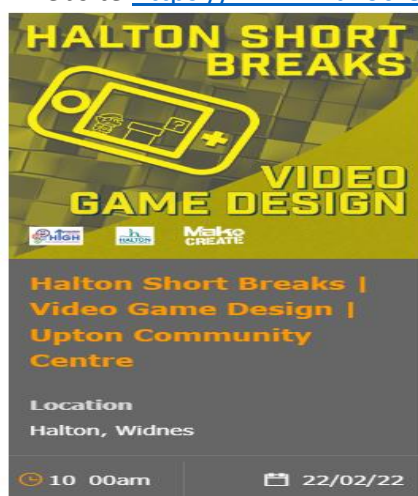
[www.caft.co.uk](http://www.caft.co.uk) Registered Charity Number 1003675

Use the following link to book -

<https://docs.google.com/forms/d/e/1FAIpQLSfGm88rMAceLdm5j9CcZV4uuJQBzIHx0IH0ufUgewc6d3feXw/viewform>

## ❖ MAKO CREATE SHORT BREAKS SESSIONS:

To book visit their website <https://www.makocreate.co.uk/project/haltonshortbreaks/>



❖ **HALTON TOY LIBRARY:**

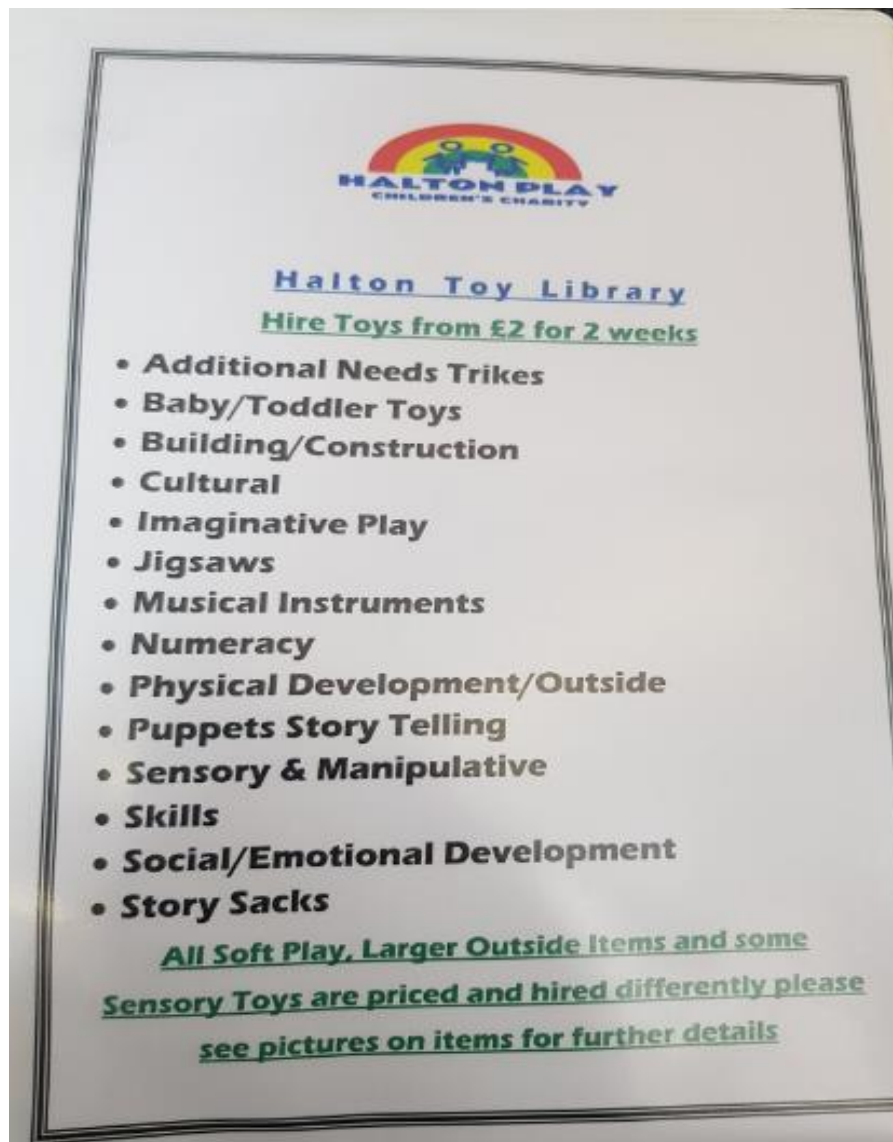
HALTON TOY LIBRARY HIRE is back!!!!!!

Hire Toys from £2 for 2 weeks

Over 150 Toys to choose from in 14 categories... Baby, Sensory, Building, Outside, Cultural and much more

Please send a message to our Halton Toy Library face book page for further details or call 01928 574087 and ask for Helen

(Proceeds support their SEN Children's Clubs and Halton Playschemes)



## ❖ YOUNG MINDS: Young Peoples Mental Health

### *Dealing with anxiety is tough, but help is always available*

A lot of us will go through periods of time where we feel more anxious than usual, especially during times of uncertainty and change. For a lot of us, there has been no greater period of uncertainty and change than the Covid-19 pandemic, so it's natural to feel a little bit more anxious than usual. But that doesn't mean you have to go through it alone. We are here for you whenever you need support.

If you're a young person, our [guide to anxiety](#) has lots of information and tips that can help. You can also check out [our guide to making a 'self-soothe box'](#) for when times are tough. If you're a parent looking for ways to support your child, have a look at our [parents guide to anxiety](#), or [our guide to making a 'worry box' with your child](#) for an activity you can try. With a bit of support, things can get better.

Visit Young Minds Website for more information...<https://www.youngminds.org.uk/>

## ❖ SENSORY ROOM AT HALTON LODGE:

*As some of you may know, the Sensory Light Room at Halton Lodge Children's Centre is currently closed for bookings.*

*We have been lucky enough to have been awarded a generous grant by a charity called 'Dreams Come True' to completely update our Sensory light room.*

*As a charity, 'Dreams Come True' usually award 'dreams' to individual children aged 5-18 who have serious, life limiting conditions, disabilities and additional needs. Our sensory room, will be a 'Community Dream' project funded by the charity. We are so grateful to have been chosen to receive this support. We hope that when complete, the new facility will enable us to welcome more families from these groups into our children's centre. We will also continue to welcome all families from across the community to use and enjoy the new space.*

*Over the coming weeks, the existing equipment will be removed and replaced with all new modern equipment. This will include a new bubble tube, sequin panels, fibre-optics lights, UV carpet, a variety of interactive technology and more!*

*We intend to re-open the room in March (date to be confirmed), when we look forward to welcoming in families to enjoy this brilliant new facility.*

*We are interested to hear from any families who have children aged 0-18, who may be living with a life limiting condition or disability who could benefit from using the room and who may like to be amongst the first to try out our new equipment and potentially be involved in a future launch event.*

Please contact [angela.mcmanus@halton.gov.uk](mailto:angela.mcmanus@halton.gov.uk) with any questions or enquiries.

For more info about Dreams come True, you can follow them here:

Facebook: @DreamsComeTrueCharity

Twitter: @DCT\_Charity

Instagram: @dreamscometruecharity

LinkedIn: @dreams-come-true

### ❖ ACTIVE SOCCER:

There are 30 Free places available to Halton young people age 10-17, who would benefit from a week's free coaching with FA qualified coaches.

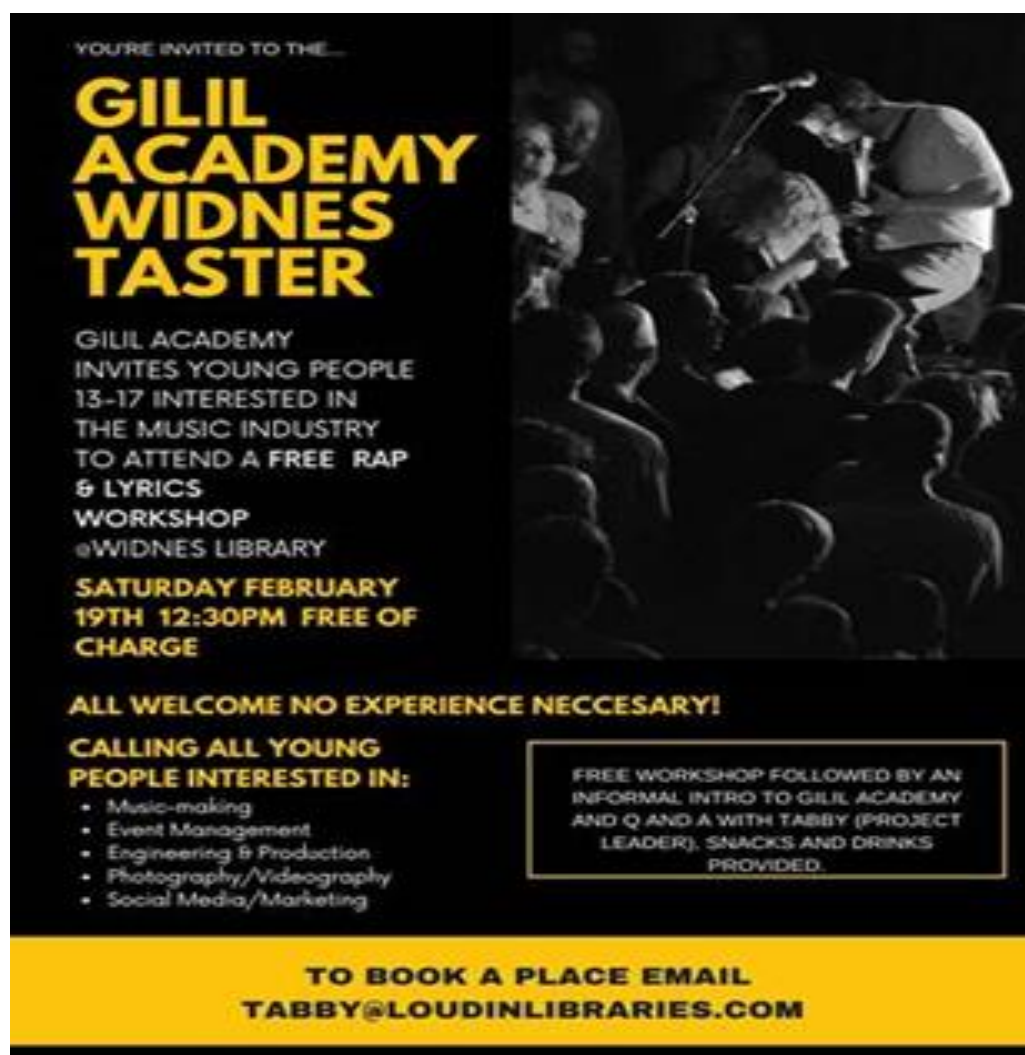
For further information on booking, please see below:





❖ **Free Rap & Lyrics Workshop for Young People with GILIL Academy**

Details below, regarding a great opportunity for Halton young people age 13-17.



YOU'RE INVITED TO THE...

# **GILIL ACADEMY WIDNES TASTER**

GILIL ACADEMY  
INVITES YOUNG PEOPLE  
13-17 INTERESTED IN  
THE MUSIC INDUSTRY  
TO ATTEND A FREE RAP  
& LYRICS  
WORKSHOP  
@WIDNES LIBRARY

**SATURDAY FEBRUARY  
19TH 12:30PM FREE OF  
CHARGE**

**ALL WELCOME NO EXPERIENCE NECESSARY!**

**CALLING ALL YOUNG  
PEOPLE INTERESTED IN:**

- Music-making
- Event Management
- Engineering & Production
- Photography/Videography
- Social Media/Marketing

FREE WORKSHOP FOLLOWED BY AN  
INFORMAL INTRO TO GILIL ACADEMY  
AND Q AND A WITH TABBY (PROJECT  
LEADER). SNACKS AND DRINKS  
PROVIDED.

**TO BOOK A PLACE EMAIL  
TABBY@LOUDINLIBRARIES.COM**

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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Halton Borough Council