

Home Learning Fun 3

Foundation Stage



54321...Blast Off!





Playdough

Night Sky Playdough

You will need:

1 cup plain flour

½ cup of salt

2tsp cream of tartar

Tbsp oil

Cup water

Black food colouring and glitter

Method

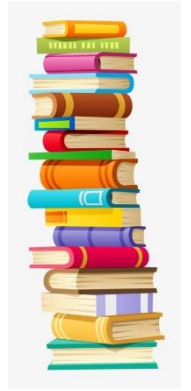
1. Place all ingredients (apart from glitter) into a saucepan.
2. Put on a low heat, keep stirring the mixture together to form a clay-like consistency.
3. Tip out onto the work top – let it cool down - then knead in the glitter.
4. You will then have a dark night playdough with lots of stars to enjoy !!



Remember! A grown up must always help in the kitchen – Stay Safe



Sensory Stories



Choosing a story

Try to find a story/book that has lots of repetition, actions and excitement to it.
In class we enjoy reading the same story over and over again so that we can really begin to understand it and anticipate what is going to happen next.
Incorporate lots of actions, signs and maybe even props to create a fun sensory story!



Look at this week's story and see if you can find the objects around the house to recreate a trip to the moon like baby bear.

Sounds

I am the music man

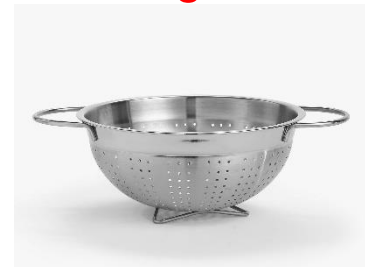
Making noise and exploring sound

Look through your cupboards – what can you find to make different sounds? Maybe a saucepan and spoon drum? – A cardboard tube trumpet?

The list is endless – take your instruments out into the garden and make some noise! Oops I mean music !!



Remember to ask a grown-ups permission to use things first!





Cooking

Bird Cakes



Instead of making cakes for yourself this week why don't we make some for the birds – then you can sit in the garden and watch them enjoy – who know they may even sing you a song to say thank you!

Ingredients

Lard or suet (room temperature)
Handful of bird seed
Handful of peanuts (unsalted)
Grated cheese or raisins
Dry leftovers (oats, bread or cake#
Old clean yoghurt pots and string

Method

- 1) Use one part fat to two parts dry mixture'
- 2) Melt the fat slightly if it's chilled and hard
- 3) Mix all ingredients together in a bowl
- 4) Make a small hole in the bottom of each of your yoghurt pots
- 5) Thread a length of string through the hole and tie a knot to secure it.
- 6) Fill the pots with the cake mix and put in the fridge to set.
- 7) Once set ask a grown up to cut off the yoghurt pots
- 8) Hang them around the garden from the trees.
- 9) St quietly and watch the birds come for their cakes.
- 10) How many different birds can you spot?

mix



stir



chop



wash dishes



wash hands



cut



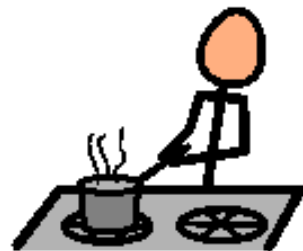
oven



cooking



cook



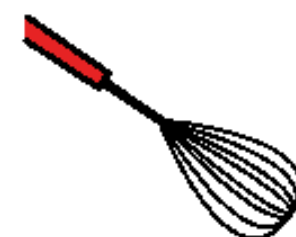
pour



cooking spoon



whisk



Movement

Stretching

Wherever possible spend lots of time moving, stretching, dancing and having fun! At school we have lots of time using various pieces of equipment and on the mats. Whilst on the mats we enjoy playing instruments, exploring sensory objects and lights and playing games together.

You will be able to find a lovely song on YouTube. It's called 'Busy Body' by 'Sing and Grow'. The link to song is <https://www.youtube.com/watch?v=TOAcdbDFjGo>



Body Awareness

It's time to wiggle!



It's Time to Wiggle
(to the Farmer in the Dell)

It's time to wiggle your toes. It's time
to wiggle your toes. It's time to
wiggle your toes. Then reach up and
touch your nose.

It's time to wiggle your hands. It's
time to wiggle your hands. It's time
to wiggle your hands. Yay! Now it is
time to stand.

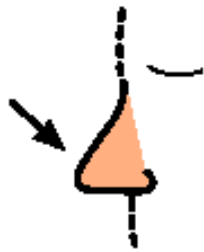
It's time to wiggle your feet. It's time
to wiggle your feet. It's time to
wiggle your feet. Then sit down upon
your seat.

Planning
Playtime



See if you can add your own actions to this song – can you wiggle your ears and nose?

nose



hair



head



mouth



clap



hands



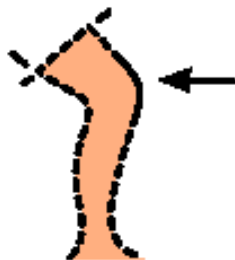
feet



ear



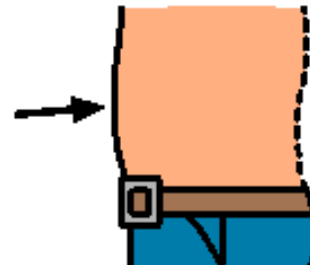
knee



eye



belly



shout



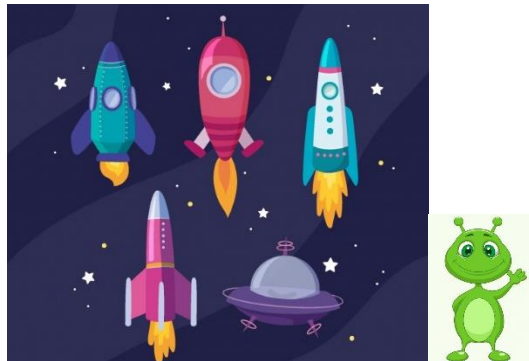
Art and Craft

Junk Modelling Rockets

In class we all enjoy making different craft things to be proud of. At home if you have access to craft materials, such as paint, paper, pens etc and any old clean food containers, boxes, tape and glue you can make your very own models.

Let's see if we can make rockets to start of our topic about space!

See how tall you can make them and don't forget to ask mums and dads to take pictures so we can share them when we get back to school.



Sensory Relaxation

At school we often enjoy some sensory massage time and this will be easy and simple to recreate at home.

Play some soothing/relaxing music, find some hand cream or moisturiser and then enjoy some quiet time.

If you have access to any sensory lights at home then this would be a great time to put them on and enjoy them in a dark space/room.



Twinkle Twinkle Little Star



You will need: A dark place, torches/lights and some bubbles.

When in the dark place, lay on a mat, blow bubbles and shine the torch onto them. Watch them sparkle like stars in the night sky. You can sing the song together and also listen to some nice soothing music too.

Can you follow the stars with your eyes?

Can you reach for the stars?

Can you touch them and make them disappear?

Sensory Exploration

Touch

In class we enjoy exploring lots of different and new textures as part of different activities.

Engage with different textures...

Can you touch different things in your garden?

Can you explore a tray/bowl filled with different natural materials from your garden?

Can you pick different objects up?

Can you choose which ones you like/dislike?

Can you use any of the natural things you have collected to make a lovely collage?



Outdoor Learning

Mini Beast Hunt

If you have access to an outdoor space and it is safe to do so then enjoy being outside, get some fresh air and explore! (Please ensure you are following current Government Guidelines and stay safe!)



Computing

Switch work

If you have access to a switch at home then there are lots of different games and websites you can try out.

In class the students all use different access methods to play cause an effect games/toys. Students are encouraged to reach out and press their switch in order to engage with the game/toy.



Song for this week!

Zoom Zoom!

Zoom Zoom Zoom, We're going to the moon. Zoom Zoom Zoom, We're leaving very soon.

If you want to take a trip, Climb aboard my rocket ship,

Zoom Zoom Zoom, We're going to the moon. Zoom Zoom Zoom, We're leaving very soon.

5,4,3,2,1--BLAST OFF!

Zoom, zoom, zoom, we're going to the sun. Zoom, zoom, zoom. We're having lots of fun.

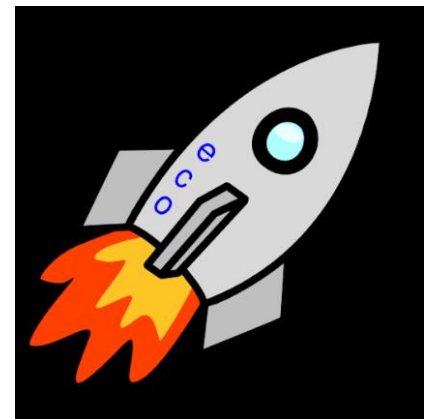
5,4,3,2,1 - BLAST OFF!

Zoom, zoom, zoom, we're going to a star, Zoom, zoom, zoom its really very far!

5,4,3,2,1--BLAST OFF!



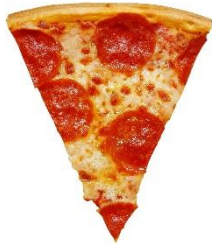
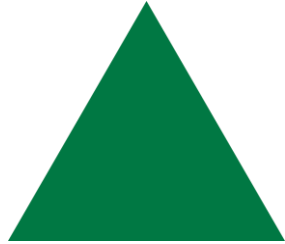
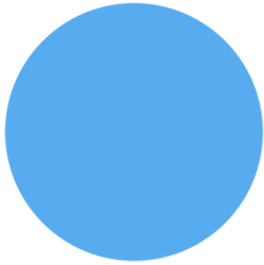
Can you count back from 10 to blast off?



Maths

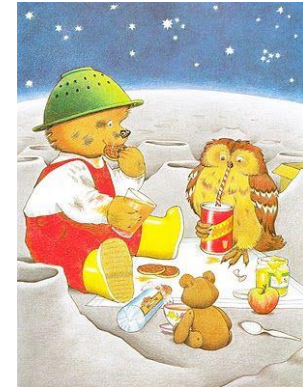
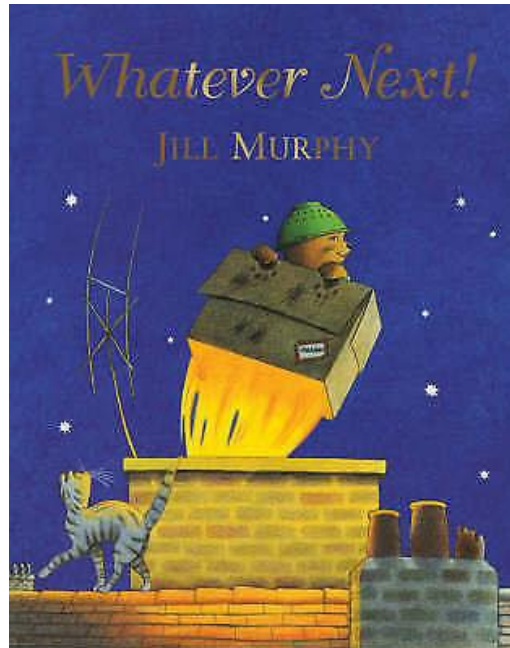
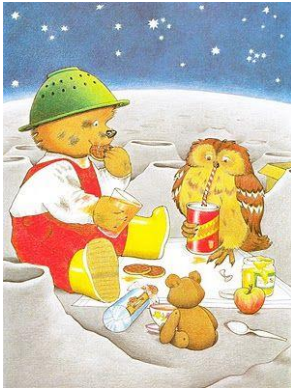
Searching for shapes!

How many of these shapes can you see around your house?



See what you can find indoors and outdoors

Story for the week



If you don't have the story book to share you can find it on you-tube.

Activities

- * Can you make a rocket like the baby bear?
- * Can you draw baby bear and his friends going to the moon?
- * What things would you put in your rocket to take to the moon with you if you were baby bear?

* Can you find all the things from the story on the word mat?



* Can you sequence the pictures to re tell the story?



Final Thought

Have Fun !!!

Stay Safe

