

# Home Learning Fun

## Foundation Stage



# Silky Soft Playdough

## You will need

8 tbsp plain flour  
2 tbsp table salt  
60ml warm water  
food colouring  
1 tbsp vegetable oil

## Method

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.
4. Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh

# Sensory Stories



## Choosing a story

Try to find a story/book that has lots of repetition, actions and excitement to it.  
In class we enjoy reading the same story over and over again so that we can really begin to understand it and anticipate what is going to happen next.  
Incorporate lots of actions, signs and maybe even props to create a fun sensory story!

# Sounds



## Making noise and exploring sound

Explore everything around you!

Make fun with house hold utensils and objects, for example, students can work on their fine motor skills by being presented with a range of different objects – can they pick them up and drop them on the floor? Which one is the loudest?

Can they hold one object and hit it onto another, for example, using sticks or wooden spoons and hitting them onto pans to make sounds?

# Chocolate Easter Cakes



As Easter is approaching we had some exciting recipes we were planning on following in our cooking lessons at school, here's a easy one to follow at home.

## **Ingredients**

225g/8oz plain chocolate, broken into pieces

2 tbsp golden syrup

50g/2oz butter

75g/3oz cornflakes

36 mini chocolate eggs

## **Method**

Line a 12-hole fairy cake tin with paper cases.

Melt the chocolate, golden syrup and butter in a bowl set over a pan of gently simmering water, (do not let the base of the bowl touch the water). Stir the mixture until smooth.

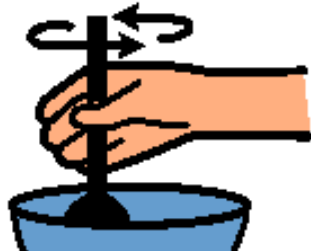
Remove the bowl from the heat and gently stir in the cornflakes until all of the cereal is coated in the chocolate.

Divide the mixture between the paper cases and press 3 chocolate eggs into the centre of each nest. Chill in the fridge for 1 hour, or until completely set.

mix



stir



chop



wash dishes



wash hands



cut



oven



cooking



cook



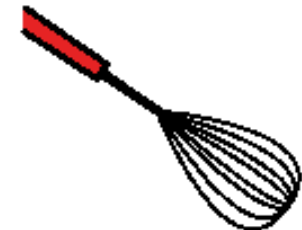
pour



cooking spoon



whisk



# Movement

## Stretching

Wherever possible spend lots of time moving, stretching, dancing and having fun! At school we have lots of time using various pieces of equipment and on the mats. Whilst on the mats we enjoy playing instruments, exploring sensory objects and lights and playing games together.

You will be able to find a lovely song on YouTube. It's called 'Busy Body' by 'Sing and Grow'. The link to song is <https://www.youtube.com/watch?v=TOAcdbDFjGo>



# Simon Says

## Body awareness

At home enjoy some fun interacting games with family members. A favourite at school is 'Simon says' (or you can use any name e.g. 'mum says', 'Eliza says' etc). This is another fun way we can work on our stretching.

Either independently or with hand over hand support try...

Touch your nose

Touch your ears

Clap your hands

Touch or eye point to your feet

Make a noise

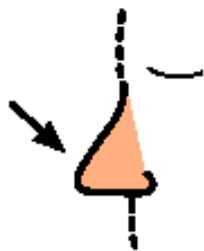
Touch the top of your head

Give someone a high five

Etc.



nose



hair



head



mouth



clap



hands



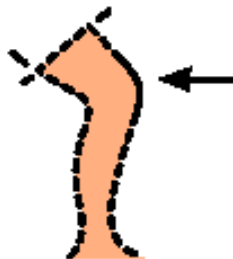
feet



ear



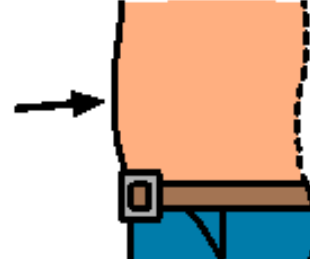
knee



eye



belly



shout



# Art and Craft

## Craft

In class we all enjoy making different craft things to be proud off. At home if you have access to craft materials, such as paint, paper, pens etc then any kind off craft work will be much enjoyed with your family. Here's some ideas but if you have anything else in mind then please use your own ideas

**Wind Catchers**



**Mark making with paint brushes, pens, fingers, feet use whatever you want !!**



# Relax

At school we often enjoy some sensory massage time and this will be easy and simple to recreate at home.

Play some soothing/relaxing music, find some hand cream or moisturiser and then enjoy some quiet time.

If you have access to any sensory lights at home then this would be a great time to put them on and enjoy them in a dark space/room.



# Sensory Exploration

## Textures

In class we enjoy exploring lots of different and new textures as part of different activities.

Engage with different textures...

Can you touch different things in your house?

Can you explore a tray/bowl filled with different textures?

Can you pick different objects/textures up?

Can you choose which ones you like/dislike?

Can you use any textures to make something? E.g use some cotton wool in a craft activity



# Outdoor Learning

If you have access to an outdoor space and it is safe to do so then enjoy being outside, get some fresh air and explore! (Please ensure you are following current Government Guidelines and stay safe!)

Some idea's for things to do outside:

1. Collect things from the outdoors e.g. leaves, sticks etc – can you use them to make a collage?
2. Can you practice your driving? With some support from an adult at home set up some obstacles, can you drive around them?
3. What can you see? Look all around your garden, what can you find?
4. Take pictures – can you use an ipad/phone to take pictures outside?
5. Talk about the weather – can you choose is it 'hot' or 'cold'?
6. Simply enjoy being outside and enjoy a walk!

# Music

We love music activities/lessons at school so this would be a great way to have fun with all the family at home.

Do you have any instruments at home? If so, play them!

How much noise can you make?

Can you grasp onto an instrument?

Can you reach out for an instrument?

Can you independently explore/play an instrument e.g. shake a shaker?

Can you join in with singing a song?

Can you move/dance to a song/music?



# Computing

## Switch work

If you have access to a switch at home then there are lots of different games and websites you can try out.

In class the students all use different access methods to play cause an effect games/toys. Students are encouraged to reach out and press their switch in order to engage with the game/toy.



# Song for this week!

## "Old Macdonald"

Activities linked to song could be...

1. Sing 'Old McDonald had a farm' with your family – encourage signing for each animal, vocalisations and singing along. You can add different toys or objects of reference for each animal e.g. for pig you could touch some mud, for sheep you could touch some cotton wool, for duck you could splash some water etc.
2. Animal craft – hand print painting to create different animals.
3. Listen to and make animal sounds – this can be a silly but very fun activity – turn taking to be encouraged. Cognition game – play or make an animal sounds and then ask student to identify the sound.





