



## What's On in Halton: Winter Half Term 2021

ADDvanced Solutions Community Network has a blended face-to-face and online offer to support children, young people, families and professionals in the Halton area.

### **We offer:**

- **face-to-face and online Community Network Groups**
- **face-to-face and online learning workshops for parents and carers**
- **face-to-face and online learning workshops for professionals**
- **telephone and email support**

Our online offer is delivered using Zoom for Healthcare. If you are using a phone, you will need to download the Zoom app beforehand. The details we request are kept securely and used in line with our privacy policy:

<https://www.addvancedsolutions.co.uk/policies/privacy-policy.html>

**If you are accessing our online offer using your mobile phone, please be mindful of your data usage.** If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

### **Our COVID-19 Health & Safety commitment to you for face-to-face attendance**

#### **We will:**

- Follow government guidance
- Test our team regularly
- Offer hand sanitiser, face masks and face visors, if desired
- Observe social distancing measures

#### **We ask that you:**

- Follow government guidance
- Do not attend if you have any COVID-19 symptoms
- Follow our registration process
- Respect the venue, and our team's requests around observing COVID-19 health & safety measures
- Observe social distancing measures
- Understand that we may need to limit face-to-face attendance

**PLEASE NOTE: In the event that government COVID-19 guidance changes, we will have an alternative online offer for our face-to-face sessions.**

## Community Network Groups (face-to-face and online)

This half-term, in response to feedback from families, we will be delivering a blended offer of face-to-face and online Community Network Groups.

Community Network Groups provide a discussion based opportunity to develop your understanding around neurodevelopmental conditions (NDCs), to ask questions and share learning and experience. You can talk to other parents, the ADDvanced Solutions team and **visiting professionals** who can help and support you.

- To attend a face-to-face group, just drop into the venue listed below
- To join an online group, [click the appropriate registration link below](#)

### Community Network Group (online only)

**Mondays 9:30am-11:00am**

**Location: Online**

[To join online: please click here to register](#)

- 8th November:** Understanding ADHD
- 15th November:** Supporting your Child to Access Learning
- 22nd November:** Tantrums vs Meltdowns
- 29th November:** Communicating with your Child
- 6th December:** Understanding Autism
- 13th December:** Preparing for the Christmas Holidays

### Community Network Group (face-to-face only)

**Mondays 12:45pm-2:45pm**

**Location: WA8, Halton.**

- 1st November:** Supporting your Child to Access Learning
- 8th November:** Managing Stress
- 15th November:** SEND - Graduated Approach
- 22nd November:** Sharing a Diagnosis with your Child
- 29th December:** **Disability Benefits - DLA/PIP and Carer's Allowance**
- 6th December:** Autism and Girls
- 13th December:** Preparing for the Christmas Holidays

## Community Network Group (online only)

Wednesdays 5:00pm-6:30pm

Location: Online

[To join online: please click here to register](#)

- 3rd November:** Understanding Autism
- 10th November:** Supporting your Child to Access Learning
- 17th November:** Supporting Sleep Difficulties
- 24th November:** Understanding Executive Functioning
- 1st December:** Understanding Theory of Mind
- 8th December:** Understanding ADHD
- 15th December:** Preparing for the Christmas Holidays

## Coffee Mornings

We are happy to attend any face-to-face coffee mornings and/or online sessions to explain our current offer to families and professionals. Please contact the office.



## Sensory Processing Difficulties Learning Workshops (online)

Our Sensory Processing Difficulties learning workshops will be delivered as webinars. It is recommended that you attend all three sessions.

**Monday mornings - 10:00am-11:30am**

[Please click here to register for the three sessions.](#)

- 15th November:** Introduction to Sensory Processing Difficulties  
(Session 1 of 3)
- 22nd November:** Emotional Regulation and Praxis  
(Session 2 of 3)
- 29th November:** Sensory Strategies  
(Session 3 of 3)



## **ND Family Learning Programmes (face-to-face and online)**

**This half term, we are providing the opportunity to attend an online and face-to-face Family Learning Programme.**

Our Neurodevelopmental Conditions Family Learning Programme provides an opportunity for parents and carers to gain understanding and skills about neurodevelopmental conditions including autism and ADHD (pre, during and post-diagnosis) with strategies to support the difficulties that may present:

- Neurodevelopmental conditions/specific learning difficulties and associated mental health difficulties
- Autism Spectrum Disorder/Condition (ASD/C)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Sensory Processing/Integration Difficulties (SPD)
- Supporting behaviours associated with neurodevelopmental conditions
- Your local offer, welfare rights and special educational support

If attending the online Family Learning Programme, this will be delivered in webinar format. A webinar is a platform where you are not visible or heard by others joining the training. You can type any questions into the chat, and these will be answered during or at the end of the session.

### **ND Family Learning Programme (online)**

**This online programme will be delivered over six sessions.**

**Monday evenings from 6:30pm - 8:30pm**

[To join this online programme: please click here to register](#)

**Monday 8th November**

**Monday 15th November**

**Monday 22th November**

**Monday 29th November**

**Monday 6th December**

**Monday 13th December**

### **ND Family Learning Programme (face-to-face)**

**This face-to-face programme will be delivered over three full-day sessions**

**Wednesday daytime from 9:30am - 3:00pm**

**To book your place, please call the office on 0151 486 1788**

**Wednesday 24th November**

**Wednesday 1st December**

**Wednesday 8th December**

**Location: Runcorn, Halton**

## Learning Workshops for Families (online)

Our learning workshops, delivered as webinars, have been designed for families to better recognise, understand and support their own needs and those of their children and young people living with neurodevelopmental conditions.

**Please click the appropriate link(s) below to register:**

**Thursday 11th November**

**10:00am-12:00noon:** [Autism and Communication](#)

**Thursday 25th November**

**10:00am-12:00noon:** [Neurodevelopmental Conditions and Girls](#)

## Learning Workshop for Supporting Sleep Difficulties (online)

Our trained sleep practitioners will present a webinar on sleep difficulties faced by children and young people with neurodevelopmental conditions, and offer suggestions and strategies to improve their sleep routine. **Please click the link below to register:**

**Thursday 2nd December**

**9:30am-12:30pm:** [Supporting Sleep Difficulties](#)

## Professionals Learning Workshops (online)

Our Professionals Learning Workshops, delivered as webinars, will support you and your organisation to better recognise, understand, and improve outcomes for the children, young people, and families that you work with

**Please click the appropriate link(s) below to register:**

**Thursday 11th November**

**3:30pm-5:30pm:** [Sensory Processing Difficulties](#)

**Thursday 2nd December**

**3:30pm-5:30pm:** [Autism and Girls](#)

## Christmas Party! (face-to-face)

Come and meet Father Christmas and his elves at our special Christmas Party for children with neurodevelopmental conditions and their siblings! You can dance, play games, and join in the fun! Father Christmas will have a gift for every child!

Our Halton Christmas party will be on **Monday 6th December**  
**from 4:30pm-6:30pm** in **WA4**.

**To book your place, please contact the office on 0151 486 1788.**

Details will be available upon registration.



## Children's Activities - "Dance your socks off Thursday!" (online)

Join us for our "Dance your socks off Thursday" party for children with neurodevelopmental conditions and their siblings, running from **4:00pm-5:00pm** (see dates below).

We will be partnering with Aladdin's Cave Entertainment to deliver a party to provide an opportunity for your child to dance, have fun and play games. Come and burn off some energy and put on some party clothes if you would like.

[Click here to book your child's place for all four sessions.](#)




**Thursday 4th November**

**Thursday 11th November**

**Thursday 18th November**

**Thursday 25th November**



 Follow us on Twitter: @ADDvancedSol  
 Follow us on Instagram: @ADDvancedSolutions  
 Like us on Facebook: ADDvanced Solutions Community Network  
 Join our closed Facebook group for parents and carers:  
 ADDvanced Solutions Community Network Discussion Group

**For full details and descriptions of the events listed in this 'What's On' newsletter, please visit the What's On section on our website ADDvanced Solutions Community Network and view the calendar listings.**

**The Team at ADDvanced Solutions Community Network will be taking a break over the Christmas period. The office will be closed from Tuesday 21st December 2021 and will re-open on Thursday 6th January 2022.**



**If you need any support or help during this period please find the urgent support information below.**

## Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, **we have listed the local area crisis contact details on our urgent support page, which you can find on our website: [www.addvancedsolutions.co.uk](http://www.addvancedsolutions.co.uk) under the 'Contact' menu option**, where you will also find links to national organisations that can offer support.

Click [HERE](#)