

anybody - it all goes in



Talk to me at bedtime

Bedtime provides a great opportunity to develop your child's speech, language and communication skills.



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- Make bedtime a special time to listen and talk about the day. What happened first, then, next..... this helps your child to become aware of the sequence of their day.
- Talk about different feelings from the day (e.g. being happy, excited, or perhaps feeling cross or sad).
- Read or tell stories, use different voices and sounds for the characters.
- Cuddle up and sing a favourite lullaby your voice is special to your child.

Rock-a-by baby
on the tree top
when the wind blows
the cradle will rock
when the bow breaks
the cradle will fall
down will come baby



