

Food For Children

CHOSEN BY CHILDREN

It is very important to us that children enjoy the food we serve. Eating a balanced meal results in improved concentration and provides energy to get through a busy day. That's why we have listened to what you want see on our menus.

Our Customer Promise

Our commitment to provide the best service everyday

- ✓ Our meals meet, and even exceed, current nutritional guidelines.
- ✓ Our meals contain food marked with a wide range of quality UK standards
- ✓ Our staff are qualified professionals. Qualifications include basic hygiene, health and safety, catering and management skills.
- ✓ Our staff are parents too, so we understand fussy eaters, allergies and will always ensure your child has a meal they will enjoy.
- ✓ We will provide a 2 course meal and a drink every day for a set price.
- ✓ We welcome your feedback to help us improve the service we provide.

FREE Free Meals IN HALTON

ALL pupils in reception, years 1 & 2 are eligible to a free school meal, but your older children could be entitled too.

If you are in receipt of certain benefits or have a household income below the Government threshold you could be entitled.

For Free School Meal Information Contact
Student Services Team

Tel: 0151 511 7188

Halton Direct Link in Runcorn/Widnes

Visit: www.halton.gov.uk/schoolmeals

Free School Meals Applications:
RutlandHouseSharedAdminTeam@halton.gov.uk

Please Note:
Occasionally for reasons beyond our control we may have to alter the menu



school meals

Winter 2022 - Summer 2023



www.halton.gov.uk/schoolmeals



		Monday	Tuesday	Wednesday	Thursday	Friday		
Week 1	Main	MEAT FREE MONDAYS 🌱 Tomato & Basil Pasta served with Garlic Bread Pizza Bread 🌱 Cheesy Topped Omelette served with Baked Sautéed Potatoes	Chicken Korma Curry Served with 50/50 rice & Naan Bread 🌱 Quorn Lasagne served Garlic Bread	Traditional Gammon Roast Dinner served with Roast/Mash Potatoes & Gravy 🌱 Quorn Sausage Dinner served with Roast/Mash Potatoes & Gravy	DELI DAY Selection of Deli Sandwiches, Wraps & Baguettes served with Warm pasta salad 🌱 Filled Jacket Potato served with a side salad	Fillet Fish Fingers served with chips 🌱 Margherita Pizza served with chips	29/08/22	06/03/23
	Side	Spaghetti Hoops, Salad Bar	Green Beans, Salad Bar	Carrots, Broccoli, Salad Bar	Salad Bar	Garden Peas, Salad Bar	26/09/22	17/04/23
	Dessert	Flavoured Angel Whip, Fresh Fruit, Yoghurt	Jelly & Ice Cream, Yoghurt, Fresh Fruit	Ginger Biscuit with a wedge of Fruit, Yoghurt, Fresh Fruit	Frank's Welsh Ice Cream tub, Fresh Fruit, Cheese & Crackers	Hungarian Biscuit with Orange wedge, Yoghurt, Fresh Fruit	31/10/22	15/05/23
Week 2	Main	MEET FREE MONDAYS 🌱 Tomato & Vegetable Pasta Bake Served with Garlic Bread 🌱 Cheese & Rice Flan served with Herbie potatoes	Bacon Brunch Bacon, Hash Browns, Omelette 🌱 Quorn Sausage Brunch Quorn Sausage, Hash Browns, Omelette	Traditional Turkey Roast Dinner served with Roast/Mash Potatoes & Gravy Roast Vegetarian Meatball Dinner served with Roast/Mash Potatoes & 🌱 Gravy	DELI DAY Selection of Deli Sandwiches, Wraps & Baguettes served with Warm pasta salad 🌱 Filled Jacket Potato served with a side salad	Fillet Fish Fingers or Non-Fried Salmon Fillet served with chips 🌱 Margherita Pizza served with chips	28/11/22	19/06/23
	Side	Peas & Sweetcorn, Salad Bar	Baked Beans, Salad Bar	Carrots, Broccoli, Salad Bar	Salad Bar	Mushy Peas, Salad Bar	02/01/23	17/07/23
	Dessert	Frank's Welsh Ice Cream tub , Cheese & Crackers, Fresh Fruit	Carrot Cake slice, Yoghurt, Fresh Fruit	Melting Moment with a wedge of Fruit, Yoghurt, Fresh Fruit	Vanilla sponge & custard, Cheese & Crackers, Fresh Fruit	Chocolate Orange cookie with Orange wedge, Yoghurt, Fresh Fruit	30/01/23	
Week 3	Main	MEAT FREE MONDAYS 🌱 Vegetarian Neapolitan Spaghetti served with Garlic dough Balls 🌱 Vegan Sausage Roll served with oven baked potato wedges	Oven Baked Chicken Chunks served with Herbie Potatoes 🌱 Vegetable Curry served with naan bread & 50/50 boiled rice	Savoury Minced Beef in Gravy served with Roast/Mash Potatoes & a Yorkshire pudding 🌱 Quorn Sausage Dinner served with Roast/Mash Potatoes & Gravy	DELI DAY Selection of Deli Sandwiches, Wraps & Baguettes served with Warm pasta salad 🌱 Filled Jacket Potato served with a side salad	Harry Ramsden Junior Fish in Batter or Non-Fried Salmon Fillet served with chips 🌱 Margherita Pizza served with chips	05/09/22	13/03/23
	Side	Vegetable Medley, Salad Bar	Spaghetti Hoops, Salad Bar	Carrots, Broccoli, Salad Bar	Salad Bar	Garden Peas, Salad Bar	03/10/22	24/04/23
	Dessert	Flavoured Angel Whip, Cheese & Crackers, Fresh Fruit	Jelly & ice cream, Yoghurt, Fresh Fruit	Flapjack Cookie with a wedge of fruit, Yoghurt, Fresh Fruit	Goosey chocolate sponge & custard, Crackers & Cheese, Fresh Fruit	Chocolate Orange cookie with Orange wedge, Yoghurt, Fresh Fruit	07/11/22	22/05/23
Week 4	Main	MEAT FREE MONDAYS 🌱 Creamy Tomato Pasta Bake served with Garlic Bread 🌱 Cheese & Rice Flan served with Herbie Potatoes	Butcher's Sausage Hot Dog served with oven baked potato wedges 🌱 Vegetarian Enchiladas served with Veg of the Day	Gluten Free Pork and Carrot Meatballs served with Roast/Mash Potatoes & Gravy Roast Vegetarian Meatball Dinner served with Roast/Mash Potatoes & 🌱 Gravy	DELI DAY Selection of Deli Sandwiches, Wraps & Baguettes served with Warm pasta salad 🌱 Filled Jacket Potato served with a side salad	Fillet Fish Fingers or Non-Fried Salmon Fillet served with chips 🌱 Margherita Pizza served with chips	05/12/22	26/06/23
	Side	Peas & Sweetcorn, Salad Bar	Baked beans, Salad Bar	Carrots, Broccoli, Salad Bar	Salad Bar	Mushy Peas, Salad bar	09/01/23	24/07/23
	Dessert	Frank's Welsh Ice Cream tub , Cheese & Crackers, Fresh Fruit	Fairy drizzle muffin, Cheese & Crackers, Fresh Fruit	Raspberry bun with a wedge of Fruit, Yoghurt, Fresh Fruit	Marble sponge & custard, Crackers & Cheese, Fresh Fruit	Homemade Chocolate Muffin with Orange wedge, Yoghurt, Fresh Fruit	06/02/23	

Meat free: 🌱

Served Daily: Filled Jacket Potatoes with a daily choice of various fillings

Salad Bar - includes 5 items

Assorted Breads

Drinks: Chilled Milk, Milkshake and Water